

Lean Beans · Lean Teens · Lean Queens



4-Week Group Packages

Number of Participants	Price (per class)	Total Cost (1x/week)	Total Cost (2x/week)
3	\$20	\$80	\$160
4	\$15	\$60	\$120
5	\$12	\$48	\$96
6-8	\$10	\$40	\$80

Monthly packages must be paid in full before program commencement.

Classes will be held at the scheduled time ONLY.

When signing up for a package, the participant establishes a commitment. This commitment holds the participant and coach accountable for a timely presence at the scheduled sessions. If the participant misses a scheduled class, they lose the session and it cannot be rescheduled.

Additional services:

Personal Training | Nutritional Counseling | At-Home Session | Food Shopping | Consultation

✓ Personalized
✓ Collaborative
✓ Motivating

✓ Private
✓ Adaptive
✓ Realistic

All sessions are 60 minutes